ALEXANDRIA COMMISSION ON AGING MEETING AGENDA

Meeting: Thursday, December 8, 2022, 4 PM - 6 PM

Location: Virtual Meeting

This meeting is being held virtually. The meeting can be accessed by the public through the Zoom link or phone number provided below. Public comment will be received at the meeting. Public comments can also be sent to daas@alexandriava.gov in advance of the meeting. Please indicate that your comments are for a meeting related to the Alexandria Commission on Aging in the subject line. A recording will be made of this meeting.

Zoom Link: https://zoom.us/j/97262502330 (copy & paste link into your browser to open or enter meeting

information below)

Webinar ID: 972 6250 2330

Password: 968693

Phone In number: 301-715-8592

MISSION

To identify the needs of older adults, develop overall planning to meet those needs, evaluate service delivery plans as implemented, and advocate on behalf of older adults

MEMBERS: PLEASE READ THROUGH THE AGENDA & HAVE AVAILABLE FOR REFERENCE AT THE MEETING.

- 1. Call to Order
- 2. Approval of Agenda
- 3. Approval of Thursday, November 10, 2022, Minutes
- 4. Alexandria Police Department Liaison Report Sgt. Ian Torrance
- 5. Special Presentation: Bill Eiger, Energy Manager, City of Alexandria
- 6. Executive Committee Report -11/28/22 draft minutes attached
- Discussion / Action Items
 - A. COVID Update Gerri Wallace
 - B. Goodwin Living acquisition of The Heritage, and opportunities for affordable units
 - C. City Manager's Proposed Budget Release date: February 28, 2023
 - D. Alexandria Fund for Human Services Update
- 8. Liaison Reports Please provide a written summary to Pamela. Austin@alexandriava.gov
 - 1. Division of Aging and Adult Services Christopher Moore
 - 2. INOVA Alexandria Hospital
 - 3. Human Rights Commission Tom Reeder
 - 4. AHA Bob Eiffert
 - 5. AARP Jane King
 - 6. NVAN Babs Waters
 - 7. St. Martins Senior Center Anne Coyne
 - 8. VHC Health Kate Chutuape/Blanca Cali
 - 9. Commission for Women Jenn Stowe
 - 10. Partnership for a Healthier Alexandria Joanne Broderick
 - 11. Public Health Advisory Commission- Joanne Broderick
 - 12. Commission on Persons with Disabilities Michael Kamin
 - 13. Senior Center @ Charles Houston Pamela Guerra
 - 14. Senior Services of Alexandria Mary Lee Anderson-
 - **15.** Alexandria Commission on Employment, ACE Mary Lee Anderson
 - **16.** Northern Virginia Falls Prevention Alliance, NVFPA Mary Lee Anderson

- 17. Arlington Legislative Committee Michael Schuster
- 18. Arlington Commission on Aging Linc Cummings
- 19. Successful Aging Harold Little
- 20. Recreation, Parks, and Cultural Activities Harold Little
- 21. Alexandria Adult Day Services Center, ADSC Darrell Wesley
- 22. Housing Affordability Advisory Committee, AHAAC Jan Macidull

9. Committee Updates

- 1. Housing Committee Co-Chairs, Lois Steele & Michael Schuster
- 2. Outreach Committee Co-Chairs, Ray Biegun & Barbara D'Agostino
- 3. Transportation Co-Chairs, David Kaplan & Bill Campbell
- 4. Economic Development Chair, Mary Lee Anderson
- 5. Strategic Planning Chair, Michael Schuster
- 6. Health /Dementia Friendly Committee Chair, Barbara Huelat
- 7. Advocacy Call for members Michael Schuster, Chair
- 10. Other Business
- 11. New Business
- 12. Public comments please limit your comments to 3 minutes
- 13. Adjournment

Next Commission Meeting: Thursday, January 12, 2022 – 4 PM, at DASH Executive Committee Meeting: Monday, January 2, 2022 - 1 PM, at The Landing

COMMISSION OFFICERS: Michael Schuster, Chair

Barbara D'Agostino, Vice Chair Barbara Huelat, Secretary

The business of the Commission on Aging is largely conducted by its committees. ALL COMMISSION AND COMMITTEE MEETINGS ARE OPEN TO THE PUBLIC. Please call the Division of Aging and Adult Services at 703.746.5999 for more information. In addition, the Commission has official liaisons with several other commissions, organizations or activities.

The City of Alexandria complies with the terms of the Americans with Disabilities Act (ADA). An individual with a disability who wishes to request a reasonable accommodation may contact the Division of Aging and Adult Services at 703.746.5999, email DAAS@alexandriava.gov

Visit the Division of Aging and Adult Services website for Commission on Aging agendas and minutes and other aging information: www.Alexandriava.gov/aging

The Alexandria Commission on Aging Racial Social Equity Committee (as of June 01, 2021)

No one should be denied the opportunity to engage fully in our community.

We encourage people of different cultures, races, nationalities, immigration status, ages, abilities, sexual orientation, gender identities, and religious affiliation in Alexandria to be informed about and have access to the range of services available in the City, and to be engaged in civic life.

We are committed to representing a diverse community that represents the rich heritage of our city. We are committed to ensuring older persons have access: to affordable housing, transportation, health care, broadband, nutrition services and to opportunities for meaningful employment and related training.

Older adults and persons with serious medical conditions often experience various degrees of inequity, particularly in obtaining access to health care. It is essential to support older persons, family caregivers, and direct care workers since these residents face additional biases and hurdles.

ALEXANDRIA COMMISSION ON AGING EXECUTIVE COMMITTEE MEETING MEETING MINUTES

November 28, 2022 – DRAFT +Zoom Virtual Meeting

Members Present: Chair, Michael Schuster; Vice Chair, Barbara D'Agostino, Ray Beigun,

Lois Steele, Mary Lee Anderson

Others Present: Bob Eiffert, Jane King, and Gerri Wallace

Members Excused: David Kaplin, Babs Waters

Members Unexcused: Barbara Huelat

Liaisons Present: None

Staff Members Present: Pam Austin and Chris Moore

Guests Present:

- 1. **Call to Order.** Chair Michael Schuster called the November 28th meeting of the Executive Committee Meeting of the Commission on Aging ("COA") to order at 4:00 PM.
- 2. **Approval of Agenda.** The agenda for the meeting was approved unanimously.
- 3. **Approval of Minutes**. The Minutes for the meeting of October 3, 2022, were approved unanimously

4. **Discussion/Action Items**

- a. Michael Schuster presented an update on the Alexandria Fund for Human Services 3-year grant period, \$2 Million to be distributed. Only 8% of those served under the current grants were older adults 55 years and older. The last meeting of the Reform Committee of the Fund will be on December 6th. Discussion followed.
- b. Bob Effiert and Chris Moore gave a summary of the discussions with the Office on Housing concerning affordable housing opportunities at the View (formerly The Hermitage), recently acquired by Goodwin Living.
- c. Proposed City Manager's Budget release date is February 28, 2023. Next week there will be a call for members for the Advocacy Committee to convene discussions on proposed ideas and testimony.

5. Other Business.

a. Agenda for next Commission meeting

- b. Mary Lee mentioned that there is a luncheon for the participants of the city's senior centers on December 9th at the Lee Center.
- c. Chris mentioned that St. Martin de Porres will have a luncheon open to the public on December 19th.
- 6. **Meeting Adjournment**. There being no further business, the meeting adjourned at 4:44 PM.

Minutes will be presented at the January 2, 2023 Executive Committee meeting for approval. The next Executive Committee meeting is on Monday, January 2, 2023, at 4:00 PM., an inperson meeting at The Landing.

Minutes prepared by Michael Schuster, Chair.

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