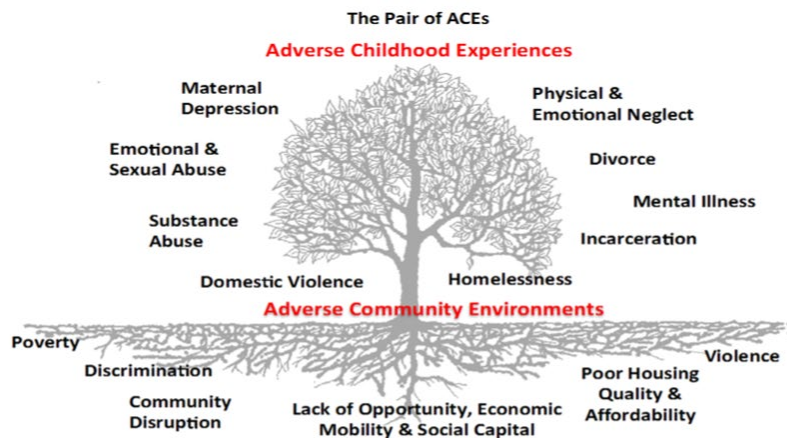


ALEXANDRIA'S TRAUMA INFORMED COMMUNITY NETWORK (TICN) MEETING

Location: Charles Houston Rec Center, 901 Wythe St, Alexandria, VA 22314
Date: September 24th, 2019
Time: 10:00-12:00

Time	Agenda Item
1 10:00	Welcome/Introductions
2 10:15	Align our Structure with our New Name <i>Establish a structure for moving our work forward</i> <ul style="list-style-type: none"> ➤ Key Elements of TICNs ➤ Areas of Focus <ul style="list-style-type: none"> ○ Conclusions drawn from previous discussion ➤ Align with Inform. Support. Elevate.
3 10:45	Identify Co-Chairs
4 10:55	Build Your Legacy Workshop
5 11:50	Closing <ul style="list-style-type: none"> ➤ Next Meeting: Linking Systems of Care ➤ Decision Tree ➤ Reschedule November & December Meetings ➤ Mindfulness Activity



Ellis, W., Dietz, W. (2017) A New Framework for Addressing Adverse Childhood and Community Experiences: The Building Community Resilience (BCR) Model. *Academic Pediatrics*. 17 (2017) pp. S86-S93. DOI information: 10.1016/j.jacap.2016.12.011

Key Elements of Resilience Alexandria

Leadership/Backbone Organization
The Department of Community and Human Services will serve as a backbone to coordinate efforts and provide administrative support
Multi-Sector/Multi-System Collaboration
Build upon strategic and systemic efforts to prevent trauma, build assets/resilience and support one other's trauma-informed efforts; connect equity work with prevention work with trauma work
Identification of Community Strengths and Needs
Share Updates on Trauma-Informed Efforts.
Common Agenda & Vision Statement
Create a vision for change shared by all members that includes a common understanding of trauma, ACEs, and their effects and a joint approach to preventing them and building resilience through agreed-upon actions.
Inclusive Membership
Develop a diverse membership base to support trauma informed practices
Divide and Share Work of Moving Vision Forward
<p>Create work groups to carry out the work</p> <p>Identified Focus Areas & their priorities:</p> <ul style="list-style-type: none"> ➤ Advocacy: Endorsement/Participation in Campaign for Trauma-Informed VA. Advocacy at the micro (individual/Families) and macro (systems/government) levels <ul style="list-style-type: none"> ○ Create a Committee? maybe in the future... ➤ Awareness/Communications - Build awareness across community of RAISE. Develop mission statement, common language, a Communication/Engaging Strategy, a Communications Plan. <ul style="list-style-type: none"> ○ Create a Committee? Yes ➤ Training: Design training for two different audiences (community & professionals) & make it relevant to their roles. Develop toolkit. Work with Awareness/Communications committee. <ul style="list-style-type: none"> ○ Create a Committee? Yes ➤ Changing Environments: Help orgs. create welcoming, safe, and judgement-free space to prevent re-traumatization. Assess public spaces and make recommendations for trauma informed spaces. <ul style="list-style-type: none"> ○ Create a Committee? Yes ➤ Systems: <i>2 different interpretations of Systems approach.</i> 1. (Support) Institutions looking at themselves. 2. (Elevate) Populate existing groups with RAISE members to ensure they prioritize TIC <ul style="list-style-type: none"> ○ Create a Committee? TBD ➤ Healthy Minds: CYMP Workgroup focused on reducing depression & suicidal ideation among youth while promoting their mental health and wellbeing <ul style="list-style-type: none"> ○ Continue as a Workgroup/Subcommittee? TBD
Ongoing Communication and Engagement
Build Awareness of Trauma, it's effects, and how to respond (i.e. Provide Trainings; Develop a system of sharing tools, resources, and opportunities between community members;
Navigate Barriers and Obstacles
Collaborate to: develop a common language around trauma and resilience, tackle systematic barriers to TIC, and gain organizations' buy-in to deliver trauma-informed & responsive services

TICN Emerging Issues Decision Tree

