



RAISE Network Meeting

September 8, 2022

Agenda

- **RAISE Updates**
 - Proposed Calendar for the year ahead
 - What educational experience(s) should RAISE provide this upcoming year?
- **Member Announcements**
 - What trauma-informed and resilience building work is happening in Alexandria?
- **Committee Work**
 - Member Engagement and Wellness Committee
 - Justice Advocacy & Training + Changing Environments Committee





Updates



RAISE Updates

- **RAISE invited to Share our Work at VA's TICN Outcomes & Impact Discussion**
 - October 18 at 10am
- **RAISE Proposed Calendar 2022-2023**
 - Switch to a rotating schedule where every three months, we will:
 - have a general **RAISE Network meeting** to engage in decision-making with our members, and hear updates on shared work and policy changes; moving meetings to **3rd Thursdays**
 - host a quarterly **member orientation**; and
 - deliver an **educational experience** to the public (i.e. training, film screening, celebrate Resilience Week and Racial Truth and Reconciliation Week, etc.)
 - **Every month we will:**
 - Continue to engage members with monthly eNewsletter and use it to deliver legislation updates,
 - Meet with our Committees, as needed, to continue ongoing work
 - Offer “Understanding ACEs” trainings to the public

Proposed Calendar

October	November	December	January	February	March
<ul style="list-style-type: none">• Network Meeting 10/20/22	<ul style="list-style-type: none">• Educational Experience<ul style="list-style-type: none">• Trauma-Informed Spaces Workshop	<ul style="list-style-type: none">• Member Orientation	<ul style="list-style-type: none">• Network Meeting 1/19/2023	<ul style="list-style-type: none">• Educational Experience<ul style="list-style-type: none">• TBD! What should RAISE host?	<ul style="list-style-type: none">• Member Orientation

Understanding ACEs Trainings will continue to be delivered to the public every month



RAISE Committees can continue to meet every month

April	May	June	July	August	September
<ul style="list-style-type: none">• Network Meeting 4/20/23	<ul style="list-style-type: none">• Educational Experience<ul style="list-style-type: none">• Resilience Week VA• Outdoor Film Screening	<ul style="list-style-type: none">• Member Orientation	<ul style="list-style-type: none">• Network Meeting 7/20/2023	<ul style="list-style-type: none">• Educational Experience<ul style="list-style-type: none">• Racial Truth & Reconciliation Week	<ul style="list-style-type: none">• Member Orientation

Updates or Announcements
from RAISE members?





RAISE Committee Work



Member Engagement & Wellness Committee

Chairs: Emma & Noraine

Committee's Purpose: Supports existing efforts that aim to promote community wellness and resiliency among RAISE members and the greater community

Strategy 1: Intentionally engage New RAISE Members and make them feel welcome by developing an onboarding process.

Celebrate: Delivered First Member Orientation!

Action: Schedule more!

Strategies 2-5: Engage more members through targeted outreach

Celebrate: Recruited 15 more young adult members by tabling at a Health Fair at Marymount University!

Celebrate: Developed and administered a member survey!

Action: Incorporate survey results into member engagement

Action: Invite RAISE members to Community Meeting in Fall to hear from youth perspectives

Strategy 6: Intentionally engage prospective RAISE members through online platforms, hosting events and trainings, Resilience Week VA Campaign, marketing material

Action: Create and promote a calendar of New Member Orientations and Resilience Screenings throughout the year

Changing Environments & Cultures Committee

Co-Chairs: Erika & Chelsea

Committee's Purpose: Support organizations becoming trauma-informed by providing them with technical assistance in transforming their spaces, policies, and procedures

Strategy: Develop and deliver our own T-I Spaces Workshop

- **Celebrate:** Developed a powerpoint on Trauma-Informed Spaces and Cultures using Fairfax TICN's presentation, TI Org self-assessments, and other literature
- **Action:** Add talking points to slides, identify trainers who will learn the material, & deliver workshop

Strategy: Become adept at supporting organizations becoming trauma-informed

- **Action:** Become experts in creating T-I environments and cultures

Strategy: Implement Community Resilience Project by June 30, 2022

- **Celebrate:** Created an online application for organizations to apply for Trauma-Informed Spaces mini-grant!
- **Celebrate:** All organizations that applied were awarded funding!

Strategy: Receive funding to offer more organizations with mini-grants to transform their spaces

- **Action:** Seek out grant and other funding opportunities

Justice Advocacy & Training Committee

Co-Chairs: Gina & Jodie

Committee's Purpose: Supports community members and professionals by delivering trainings focused on ACEs, trauma, and resilience, and elevates our community's voices by advocating for justice and advancing policies that dismantle systems that perpetuate racial trauma and inequity

Goal/Strategy: Deliver the Understanding ACEs training to 4,000 people by August 2022

- **Celebrate:** We have reach at least 622 people since May 2020
- **In Progress:** Check in with each member of the ACE Interface Cohort to see what support they need to deliver trainings

Strategy: Develop and deliver other trauma and resilient trainings to the community

- **Celebrate:** Worked with the Changing Environments Committee to develop a Trauma Informed Spaces training
- **Action:** Develop and deliver Trauma-Informed Care Trainings, including the T-I Spaces workshop

Strategy: Participate in local and statewide initiatives that advance policies that create trauma-informed systems and dismantle systems that perpetuate racial trauma and inequity

- **Celebrate:** In partnership with Voices for VA's Children, 14 people received an Advocacy 101 training and even more attended the 7 workshops offered at the Trauma and Resiliency Summit
- **Celebrate:** Identified a liaison from RAISE who can attend RTR Coalition meetings
- **Action:** Deliver more advocacy trainings to community members and professionals

Strategy: Support existing efforts that aim to promote community wellness and resiliency.

- **Action:** Work with educators to identify ways to support Alexandria teachers during Teachers' Appreciation Week