

This meeting is being held in person at Goodwin Living. Public comment will be received at the meeting. Public comments can also be sent to [daas@alexandriava.gov](mailto:daas@alexandriava.gov) in advance of the meeting. Please indicate that your comments are for a meeting related to the Alexandria Commission on Aging in the subject line. A recording will be made of this meeting.

**MISSION**

To identify the needs of older adults, develop overall planning to meet those needs, evaluate service delivery plans as implemented, and advocate on behalf of older persons

**AGENDA**

1. Welcome
2. Call to Order
3. Approval of Agenda with additions
4. COA Executive Committee (ExCo) Business Meeting

**A. Presentation**

(1).	
(2).	

**B. ExCo Information only**

(1).	Chair Report
(a)	Update on Age-Friendly Plan
(c)	NVAN Legislative Breakfast – September 20, 2023 Arlington-Alexandria Joint Legislative Forum – November 2023 (virtual)
(2).	DAAS Staff Report -
(a)	Medicaid Unwinding
(b)	VICAP

**C. ExCo Discussion Items**

(1).	Locations and times for COA meetings
(2).	NVAN 2024 Legislative and Budget Platform
(3).	
(4).	
(5).	

**D. ExCo Decision Items**

(1).	NVAN 2024 Legislative and Budget Platform
(2).	

**5. Planning for Thursday, September 14, 2023, COA Monthly Meeting**

**A. Presentation:**

(1).	Jessica Fredericksen – Director of Brain Health, Goodwin Living
(2).	

**B. COA Information Items**

(1).	Chair Report
------	--------------

(a)	
(b)	
(c)	
(2).	DAAS Staff Report
(a)	
(b)	

**C. COA Discussion Items**

(1).	
(2).	
(3).	
(4).	
(5).	
(6).	

**D. COA Decision Only Items**

(1).	NVAN Legislative and Budget Platform
(2).	
(3).	
(4).	
(5).	

**6. Planning for future COA meetings**

**A. Future Speakers**

(1).	
(2).	

B. Additional items - Please submit other proposed speakers to mschuster432@gmail.com

**7. Other Business**

**8. Announcements**

**A. Next two (2) COA Executive Committee (ExCo) Meetings**

(1).	Date: Monday – October 2, 2023 Time: 1:00 p.m. <b>PM</b> How: Goodwin House Alexandria
(2).	

**B. Next two (2) COA Monthly Meetings**

(1).	Date: Thursday, October 12, 2023 Time: 4:00 – 6:00 PM Speaker: Topic:
(2).	

**C. Other non-Alexandria COA events**

(1)	Date: Time: Hosts:
(2)	
(3)	<b>NVAN Bi-Monthly Meeting</b> Date: September 20, 2023 – Legislative Breakfast – Fairfax Country Club Time: 9:30 AM Host: David Broder - SEIU

**9. Public Comment**

## **10. Adjourn**

**The City of Alexandria complies with the terms of the Americans with Disabilities Act (ADA). Anyone with a disability who wishes to request an accommodation may contact the Division of Aging and Adult Services at 703.746.5999 or Virginia Relay 711. Please provide at least 7 calendar days advance notice**