## Outreach Committee of the Alexandria Commission on Aging Meeting Thursday, September 19, 2024 at 11:30 am Goodwin House Alexandria (GHA)

## **AGENDA**

- 1. Approval of Agenda
- 2. Outcomes from the Mindfulness/Gratitude Project
  - a. Did this highlight the work of the COA in a way that gets positive attention?
- 3. Updates including outreach to Faith, LGBTQ, and other communities.
- 4. Update on Senior Ambassadors.
- 5. Goals for FY 2025
  - a. Age Friendly Plan
- 6. Need for new Committee members.
- 7. Public Comment

Date of next meeting: January 16, 2025 at GHA

March 20, 2025 Virtual

May 15, 2025 at GHA

July 17, 2025 Virtual (or summer break?)

September 18, 2025 at GHA

November 20, 2025 Virtual

The City of Alexandria complies with the terms of the Americans with Disabilities Act (ADA). Anyone with a disability who wishes to request an accommodation may contact the Division of Aging and Adult Services at 703.746.5999, <a href="mailto:daas@alexandriava.gov">daas@alexandriava.gov</a> or Virginia Relay 711. Please provide at least 7 calendar days advance notice.