

Health of Aging Alexandrians Committee

Agenda 9/19/24 3:30 -4:30 PM In-person meeting at the Del Pepper Center, Alexandria, VA

Committee: Joy Kane, Jane King, Alan Dinsmore, Jen Stowe, Barbara D' Agostino, Jackie Barbarito, Natalie Talis

Host: Ashley Johnson

Health of Aging Alexandrians Committee:

- Confirm meeting dates, times, and locations for the year.
- Alan and I met with Lisa Chirrento the VP of PHAC and Richard Merritt to review and discuss their Health Equity Action Plan for the City of Alexandria to review our common and overlapping issues and concerns.
- The Health and Aging Goals are:
The committee needs to focus on three potentially attainable goals or initiatives. Each plan should have objectives and achievable action items, and these goals should have clarity and be data-driven. Committee work should build to support the CoA plan and stress diversity. Set goals for the coming year.
- The discussion focused on the health gap in lost health topics for aging, including Oral Health, Eye Health, and Hearing. These will be the three main goals of this committee.
 - a. Oral Health
 - b. Eye Health
 - c. Hearing
- Within these primary goals, we will address needs assessment, access to health, education, and affordability.
- Consider other activities to participate in age-friendly expos and community events. Consider how we might move forward with greater involvement with community engagement.
- Identify opportunities for collaboration with other like-minded non-profit groups in Northern Virginia, such as AARP, engaged in activities.

Thank you

Barbara Huelat, Chair

Alan Dinsmore, Co Chair

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