

# Be a Public Health Pro!

Around the room, we have a few different personas representing people who might live in Alexandria. Each of these posters has information about the individual, their life, and their health status. **Walk around to the different posters and learn about them.**

**Step 1:** Take a look at their basic facts on the left and their health issues. Think about why they might be having those health issues. Consider what community conditions might make those health issues better or worse.

**Step 2:** Read their biography. Is it what you expected? How could parts of this person's biography lead to those health outcomes?

**Step 3:** Could changing something in their life (their environment, situation, personal decisions, etc.) lead to better health? Share your thoughts on a sticky note and place it on the poster!



# Welcome!

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October 2024



# Everyone Should Know:

- Restrooms
- Emergency Exits
- Interpreters – front table
- Food – back of room
- Childminding – Room D

# Agenda

Persona Activity

What is a CHA and Why is it Important?

Building the Walk & Talks

Hear About Other Assessments

Wrap Up, Next Steps, Feedback Survey

Visit Tabling Agencies

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October 2024

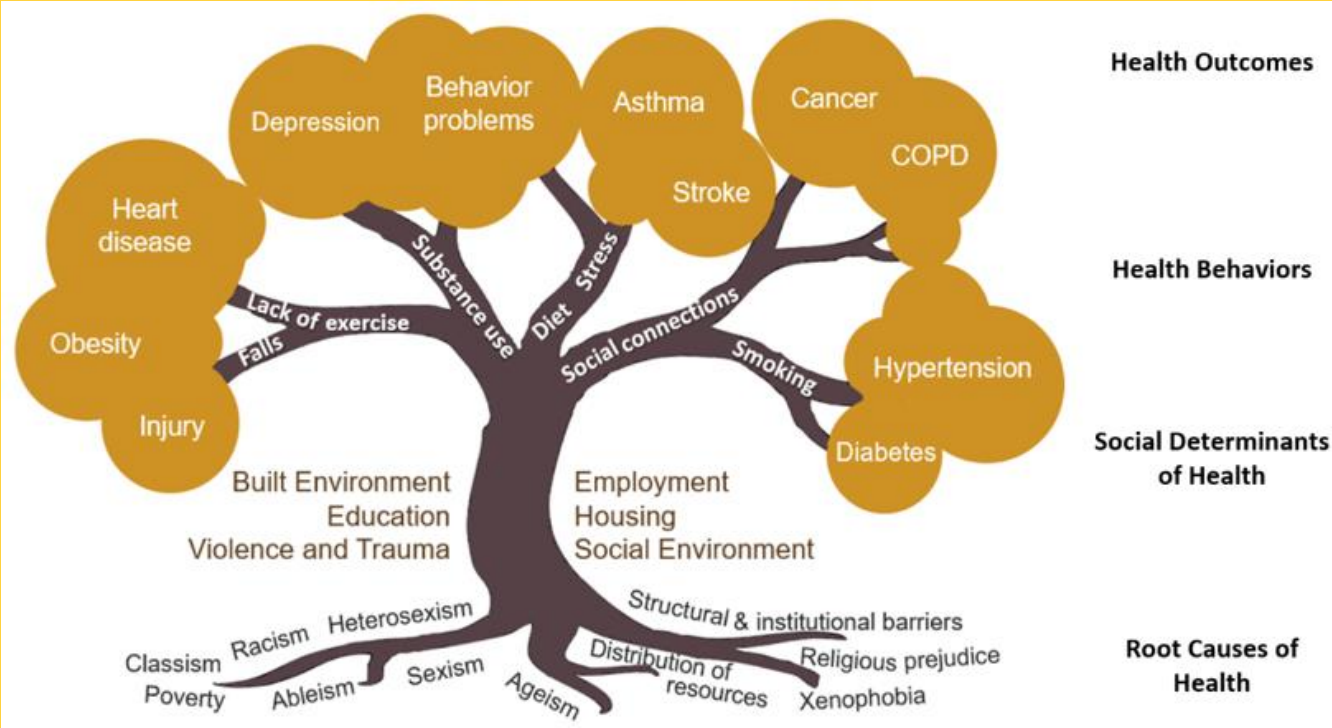


# What is a Community Health Assessment (CHA)?

October 2024



# Framing Health...



**All Alexandrians must have the opportunity to thrive and achieve health and wellbeing.**

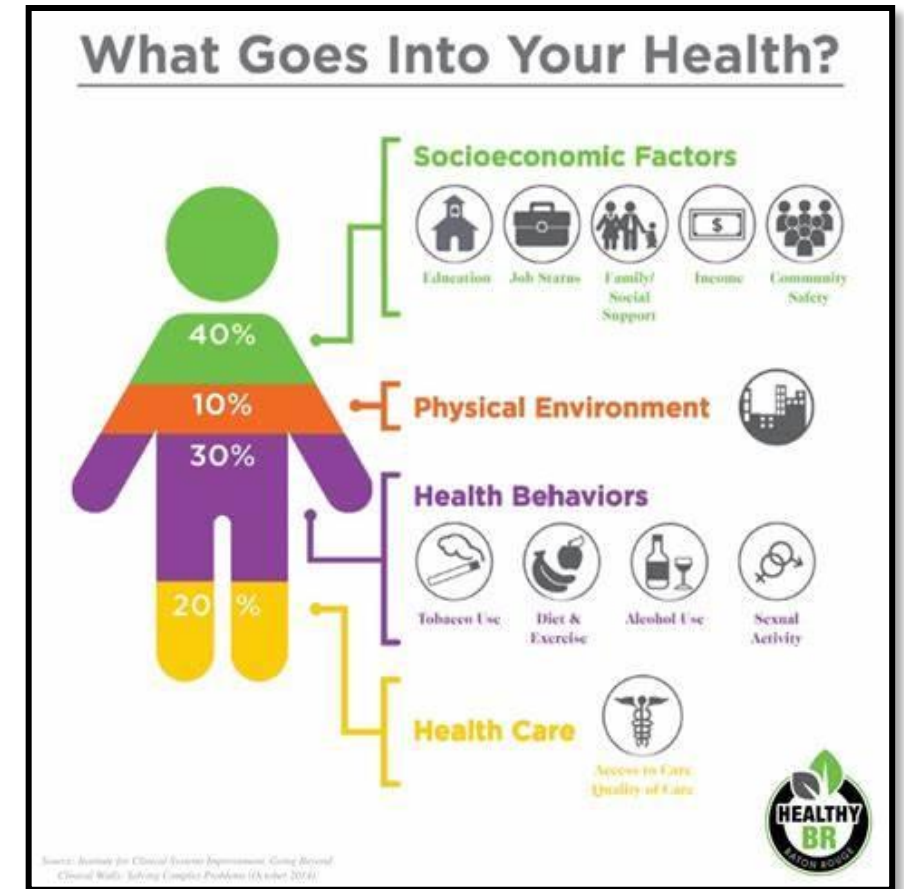
We need both data and community experiences to identify health issues and understand their causes.

[What We Fund - MA Health Funds](#)



# CHA Overview

- A complete review of the state of health in our city
- Identify community strengths, issues, and opportunities for growth
- Measures numbers, community input, and lived experiences
- Final product identifies top health issues in the city
- Leads us to the CHIP!



[What are the social determinants of health? | Healthy BR](#)

# What Do We Plan To Achieve?

## PROCESS:

- Hear from the whole community
- Community provides input on assessment design as well!
- Support participants along the way
- Equity is at the forefront
- Minimize assessment/survey fatigue

## OUTCOMES:

- We understand city's health and health differences
- Community members are empowered
- Findings provide real information for decision makers



# CHA Timeline

Step	2024								2025						
	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	
Develop Assessment Methodology/Plan	Orange														
Community Survey*				Orange											
Data Indicator Analysis				Orange											
Walk and Talks*						Orange									
Photovoice*								Orange							
Community Conversations*								Orange							
Milestone Meetings* (tentative dates)							Yellow		Yellow		Yellow			Yellow	
Compiling Research Results									Blue						
Developing the Report										Blue					
CHA Release														Red	

Orange – Conducting Assessment

Blue – Analyze and Publish

Asterisk \* – Community input/qualitative data



October 2024



# Why Should I Participate?

- Input = Results! **And we need EVERYONE to participate**
- We need to learn from our community to have a full understanding of health
- Findings inform all of us!
- Sharing the current CHIP

Participate



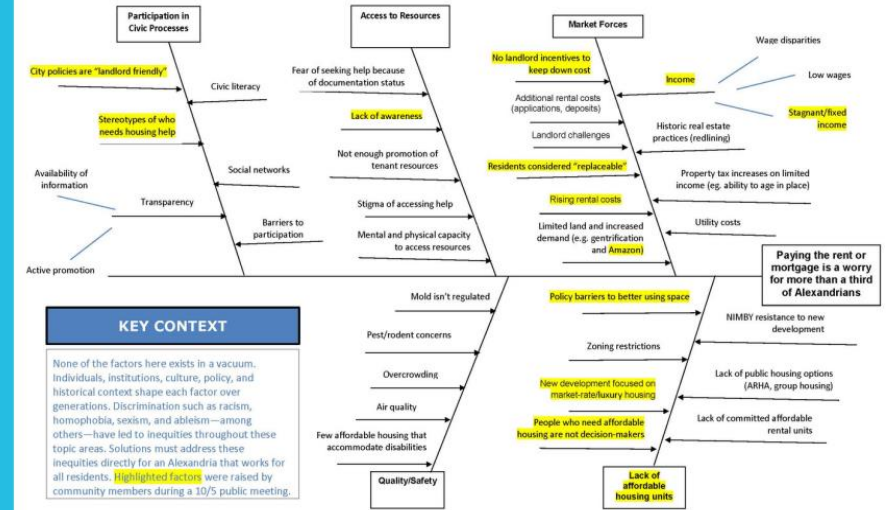
[Participate - Student Health and Wellbeing \(flinders.edu.au\)](https://flinders.edu.au)

# Current CHIP



Allen Lomax, Partnership for a Healthier Alexandria

## Root Causes of Housing Concerns



### Taking Action: Strategy A

**Assure culturally appropriate and trauma-informed mental health resources, services, and support for all Alexandria's communities.**

**Tactic 1: Partner with the faith community to increase access to mental health resources among communities of color.**

- o **Timing:** Start in 2021, Complete by 2025
- o **Progress measures:** Number of faith-based community partners; Reduced number of poor mental health days among Black, Indigenous and People of Color (BIPOC) residents
- o **Owners:** Friends of the Alexandria Mental Health Center; Social Responsibility Group; NAMI Northern Virginia

**Tactic 2: Provide trauma-informed trainings to community groups.**

- o **Timing:** Start in 2021, Complete by 2023
- o **Progress measures:** Number of community members trained; Number of trainings delivered in the community; Number of trainees who increased their knowledge and skills in trauma-informed approaches
- o **Owners:** RAISE

# Activity Time!

October 2024



# Help Map Health!

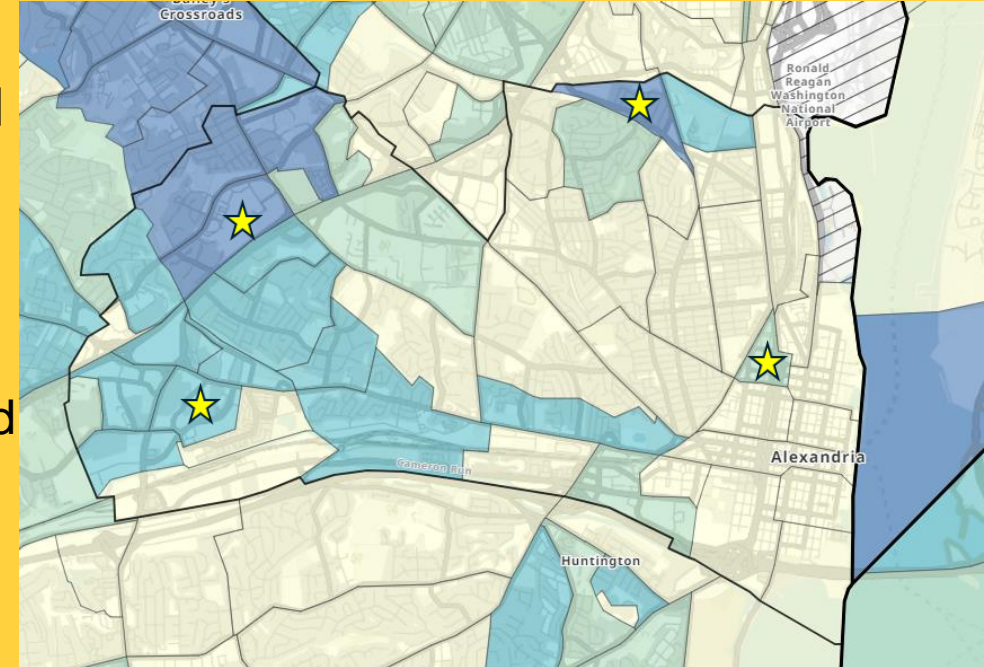
This Fall, we will conduct **Walk and Talks** in select communities. These walk and talks help us better understand how neighborhood spaces and features impact our health!

## Goals:

- Learn about different neighborhoods from resident's point of view
- Get a better understanding of what impacts health (both good and bad) within neighborhoods
- Engage community members in a way that works for them

How are we selecting communities?

Why is this valuable for us?



The City of Alexandria's

# Children, Youth, and Families Collaborative Commission (CYFCC)

Trinady Maddock

## What is the CYFCC?

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- Provides information to City Council and the School Board about young people and families in Alexandria
- Advocates for decisions that result in better outcomes for young people and families in Alexandria
- Oversees implementation of the **Children and Youth Community Plan**



## The Plan

Establishes community-wide priorities and specific activities that will create the conditions for all young people to thrive in Alexandria.



## CHILDREN AND YOUTH COMMUNITY PLAN 2025

EVERY CHILD SUCCEEDS TODAY AND TOMORROW



# Three Primary Goals

All children, youth, and families are physically safe and healthy

Children are academically successful and career ready

Children, youth, and their families have positive experiences

# Community Involvement

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**To develop the plan,  
the City hosted  
workshops that  
involved 2,100  
participants, 88% of  
whom were youth.**

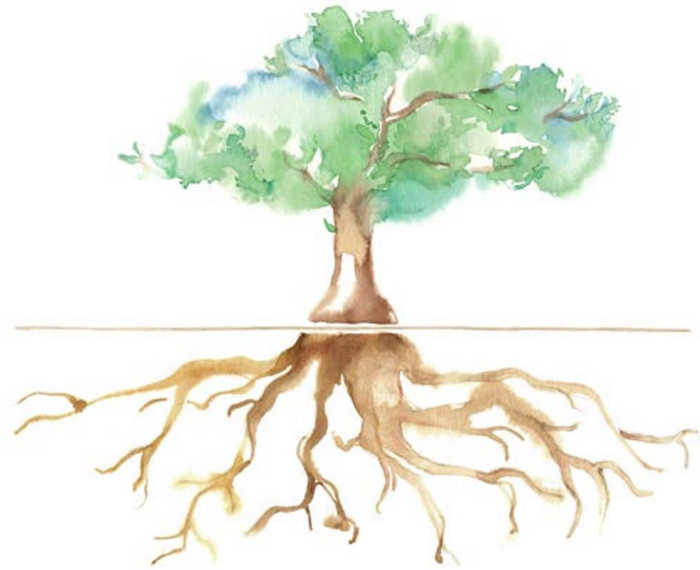


**CHILDREN AND YOUTH MASTER PLAN 2025**



# Youth Needs Assessment

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What are the contributing factors to trends in youth health and wellbeing?

What matters to today's youth, and what do they need to thrive?

How well are existing services meeting youth needs?

What do service providers need to effectively support youth and sustain long-term success?

The findings from the needs assessment will guide the development of policies and system changes to ensure **equitable outcomes** for all youth, from prenatal through adulthood.

**Community  
Health  
Assessment**



**Youth Needs  
Assessment**

Thank you!

Children, Youth, and Families Collaborative  
Commission



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## **CHILDREN AND YOUTH MASTER PLAN 2025**

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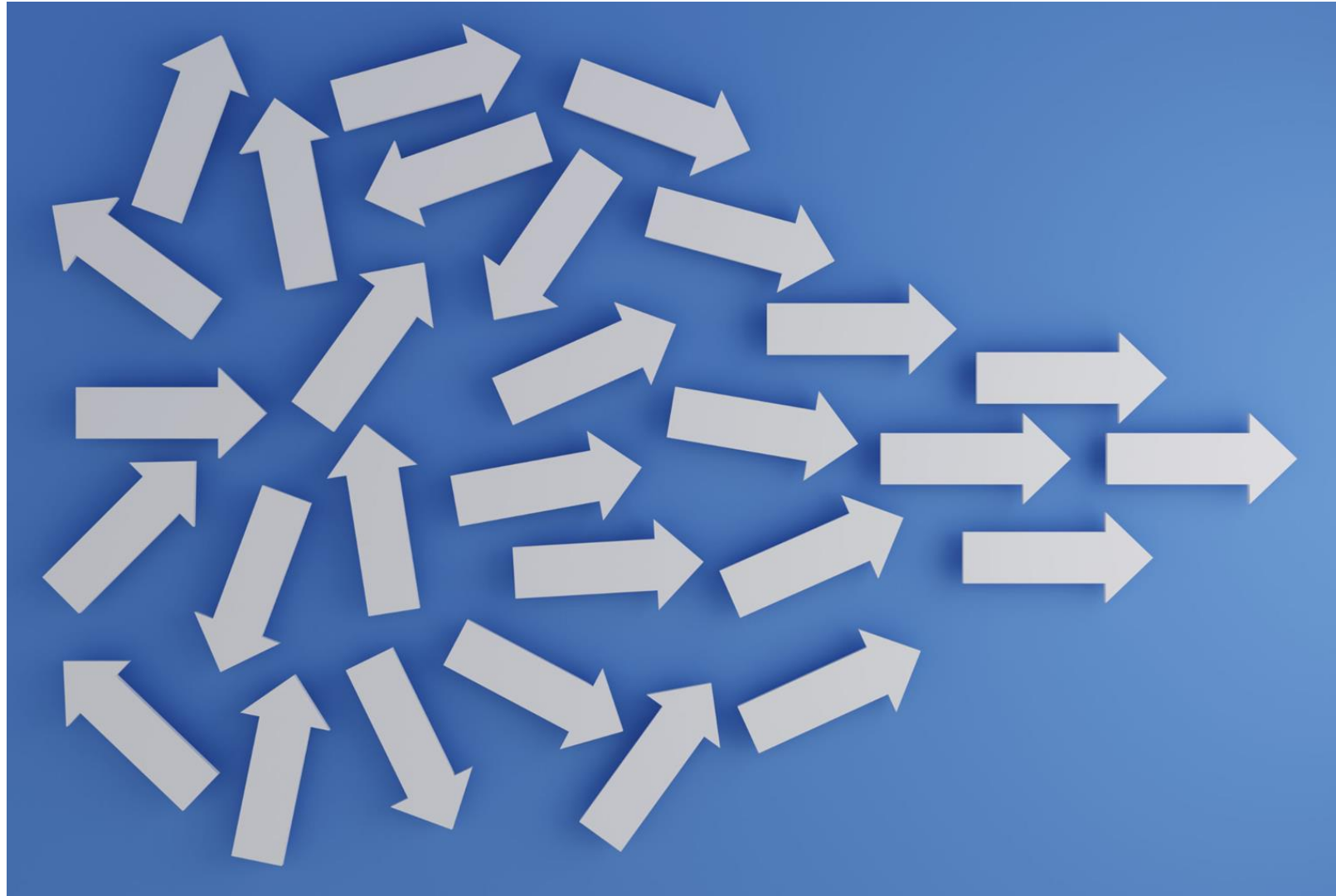




# Alexandria City Public Schools Strategic Planning

Clinton Page







# We aim to have a solid 5-year strategic plan ready for implementation by Spring 2025

**LAUNCH**  
Jun 2024

**PHASE 1**  
June - Oct 2024

**PHASE 2**  
Nov - Feb 2025

**PHASE 3**  
Feb - May 2025

**PHASE 4**  
May 2025 - plan end



## SET UP

Align on expectations and ambitions for plan

## REVIEW

Assess current areas of strength and opportunity

## DESIGN

Develop a multi-year strategic planning architecture based on existing strong foundation

## PLAN

Create implementation plans for each of the priority strategies with several iterations of input from stakeholders & the public

## IMPLEMENT

Facilitate ongoing performance management routines



# The Strategic Planning Committee represents a cross-section of our ACPS community

- Superintendent
- School Board
- Senior Division leadership
- School leaders
- Teachers
- School support team  
& other school staff
- Students
- Families
- Representatives from ACPS Board  
Committees
- Community partners



This Strategic Planning Committee will inform ACPS's 5-year priorities, leveraging others' input as we go

## STRATEGIC PLANNING COMMITTEE (SPC)

DRAFTS OUTLINE OF PLAN THROUGH 4 WORKSHOPS

## PLANNING TEAMS\*

TAKE OVER TO ADD IMPLEMENTATION DETAILS



ACPS  
COMMUNITY  
PROVIDES FEEDBACK

Final decision on goals/strategies made by division leadership

*\*Teams of key stakeholders led by 3-5 senior division leaders overseeing priority goal areas of the plan*



# Questions?

Dr. Clinton Page  
Chief of Accountability & Research  
[clinton.page@acps.k12.va.us](mailto:clinton.page@acps.k12.va.us)



**Superintendent**  
Dr. Melanie Kay-Wyatt

**School Board**  
Michelle Rief, Chair  
Kelly Carmichael Booz, Vice Chair

Meagan L. Alderton  
Tim Beaty  
Abdel-Rahman Elnoubi

Jacinta Greene  
Christopher Harris

Tammy Ignacio  
Ashley Simpson Baird

# How Can I Participate?

- **Take our survey!**
- Email list to learn about activities and events
- Participate in events like today
- Share with your friends, family, and community
- Offer any suggestions to Sean ([sean.curry@vdh.virginia.gov](mailto:sean.curry@vdh.virginia.gov))



# What's Next?

- Walk and Talks are coming later this year
- December milestone meeting with data
- Much, much more!

**Take a minute to make these meetings impactful—  
take the feedback survey at your table**

# THANK YOU!

**(Visit the tabling agencies!)**

[sean.curry@vdh.virginia.gov](mailto:sean.curry@vdh.virginia.gov)

