

Outreach Committee of the Alexandria Commission on Aging
Meeting Thursday, November 21, 2024, at 11:30 am

Virtual

<https://zoom.us/j/99239301458>

Webinar ID 992 3930 1458

Passcode 272112

AGENDA

1. Approval of Agenda
2. Outcomes from the Mindfulness/Gratitude Project
 - a. Dawn Higgin's report on the Mindfulness project
3. Updates including outreach to Faith, LGBTQ, and other communities.
4. Update on Senior Ambassadors.
 - a. Looking for ways to include Senior Ambassadors in the creation of the new Age Friendly Plan.
5. Goals for FY 2025
 - a. Age Friendly Plan
 - b. Elections and Voting were brought forth to the Executive Committee for feedback. Discussion.
 - i. Distribute information on mail in voting and transportation to polls.
 - ii. Transportation Committee and DASH - transportation to events and voting.
 - iii. What exists already and where do we fit in?
6. Commission on Persons with Disabilities: We could use a new liaison and more contact with this commission.
7. Need for new Committee members.

8. Public Comment

Date of next meeting: January 16, 2025, at GHA

March 20, 2025, Virtual

May 15, 2025, at GHA

July 17, 2025, Virtual (or summer break?)

September 18, 2025, at GHA

November 20, 2025, Virtual

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