

NOVEMBER CELEBRATES THE SACRIFICES & CONTRIBUTIONS MADE BY MILITARY FAMILIES ACROSS ALL BRANCHES OF THE ARMED FORCES. THIS MONTH, WE HONOR THE RESILIENCE & DEDICATION OF THOSE WHO SERVE & THEIR LOVED ONES. WE ARE HERE TO SUPPORT MILITARY FAMILIES WITH RESOURCES, SERVICES, & A COMMUNITY THAT UNDERSTANDS THEIR JOURNEY.

DURING THIS TIME, WE ALSO HONOR WARRIOR CARE MONTH, HOMELESSNESS AWARENESS MONTH, MARINE CORPS BIRTHDAY (NOVEMBER 10), VETERANS DAY (NOVEMBER 11), & INTERNATIONAL SURVIVORS OF SUICIDE LOSS DAY (NOVEMBER 18).

CITY OF ALEXANDRIA
DEPARTMENT OF COMMUNITY
AND HUMAN SERVICES



COMMUNITY EVENTS

November 15, 1 p.m. – 3:30 p.m., Empowering Voices: Health & Wellness for Transgender and Gender Diverse Veterans
[Register](#)

November 19, 11 a.m. – 12 p.m., Building Military Family Resilience Through Nature (1 CE). [Register](#)

November 19, 9 a.m. – 11 a.m., Military Cultural Competency.
[Register](#)

November 20, 12 p.m. – 1:30 p.m., Understanding the Role of Distress Intolerance in Anxiety Disorders and Beyond [Register](#)

November 22, 9 a.m. – 12 p.m., Breaking the Habit in Behavioral Health Training for Tobacco Cessation. [Register](#)

November 23 – International Survivors of Suicide Loss Day.
[Register](#)

Veteran-Owned Business Spotlight:

Cafe du Soleil

215 South Union Street, Alexandria, Virginia 22314

cafedusoleilva.com | 571-312-8010

Special Observances & Resources

November 10: Marine Corps Birthday

November 11: Veterans Day

November 18: International Survivors of Suicide Loss Day

National Veterans and Military Families Month ([Resources](#))

Warrior Care Month ([Resources](#))

Homelessness Awareness Month ([Resources](#))



[SMVF WEBPAGE](#)