

# **ALEXANDRIA COMMISSION ON AGING MEETING AGENDA**

## **Draft Agenda**

**Meeting: Thursday, March 13, 2025, 4:30 PM – 6:30 PM**

**Mark Center**

**- Del Pepper Community Center, 4850 Mark Center Drive – Alexandria VA 22311**

**9<sup>th</sup> Floor**

This meeting is being held in person. However, electronic access will be provided. The meeting can be accessed by the public through the Zoom link or phone number provided below. Public comment will be received at the meeting. Public comments can also be sent to [daas@alexandriava.gov](mailto:daas@alexandriava.gov) in advance of the meeting. Please indicate that your comments are for a meeting related to the Alexandria Commission on Aging in the subject line. A recording will be made of this meeting.

**Zoom Link:** <https://zoom.us/j/97262502330>

**Meeting ID:** 972 6250 2330

**Password:** 968693

**Phone In number:** +1 301 715 8592

### **MISSION**

To identify the needs of older adults, develop overall planning to meet those needs, evaluate service delivery plans as implemented, and advocate on behalf of older adults

**MEMBERS: PLEASE READ THROUGH THE AGENDA & HAVE AVAILABLE FOR REFERENCE AT THE MEETING.**

1. Call to Order
2. Approval of Agenda
3. Approval of Thursday, February 13, 2025, Minutes
4. Alexandria Police Department Liaison Report – Sgt. Ian Torrance
5. Special Presentation: Esperita Bullard, M.S., PMP, Division Chief, Customer Relations/Center for Economic Support: “SNAP and Medicaid”
6. Liaison Reports – Please limit comments to two minutes or provide a written summary to [agingcommission@alexandriava.gov](mailto:agingcommission@alexandriava.gov)
  1. Division of Aging and Adult Services – Chris Moore
  2. INOVA Alexandria Hospital
  3. Human Rights Commission – Tom Reeder
  4. AHA – Bob Eiffert
  5. AARP – Jane King
  6. NVAN – Michael Schuster
  7. St. Martins de Porres Senior Center – Juanita Balenger
  8. VHC Health (formerly, Virginia Hospital Center) – Cathy Turner
  9. Commission for Women – Jenn Stowe
  10. Partnership for a Healthier Alexandria
  11. Public Health Advisory Commission
  12. Commission on Persons with Disabilities –

13. Senior Center @ Charles Houston –
14. Senior Services of Alexandria – Marshall Hespe
15. Alexandria Commission on Employment, ACE –
16. Northern Virginia Falls Prevention Alliance, NVFPA – Marshall Hespe
17. Arlington Legislative Committee – Michael Schuster
18. Arlington Commission on Aging –
19. Successful Aging Committee –
20. Recreation, Parks, and Cultural Activities –
21. Alexandria Adult Day Services Center, ADSC – Darrell Wesley
22. Housing Affordability Advisory Committee, AHAAC – Jan Macidull

**1. Executive Committee Report**

**2. Discussion / Action Items**

- a. Age Friendly Plan – Update
- b. Special Workgroup on food security for older Alexandrians
- c. Briefing on March 10<sup>th</sup> Public Hearing on the City’s proposed FY 26 Budget
- d. Approval of final budget testimony – initially approved in October 2024.
- e. Excellence in Aging Awards – May 13, 2025 – City Hall
- f. Future Speakers

**c. Future Speakers**

**10. Committee Updates**

1. Housing Committee - Co-Chairs, Michael Schuster and Lois Steele
2. Outreach Committee – Co-Chairs, Marshall Hespe & Barbara D’Agostino
3. Transportation – Chair, Alan Dinsmore
4. Economic Security and Civic Engagement – Chair, Jessica Lefevre
5. Health /Dementia Friendly Committee – Chair, Barbara Huelat

**11. Other Business**

**12. New Business**

**13. Public comments – please limit your comments to 3 minutes**

**14. Adjournment**

**Next Commission Meeting: Thursday, April 10, 2025 – 4 PM, VIRTUAL**

**Executive Committee Meeting: March 31, 2025– 1:30 p.m. VIRTUAL**

**NVAN Meetings: April 15, 2025 9:30 – Virtual – Host: Legislative Brainstorming**

**COMMISSION OFFICERS:** Michael Schuster, Chair  
Barbara D'Agostino, Vice Chair  
Ana Rivas Beck, Secretary

The business of the Commission on Aging is largely conducted by its committees. ALL COMMISSION AND COMMITTEE MEETINGS ARE OPEN TO THE PUBLIC. Please call the Division of Aging and Adult Services at 703.746.5999 for more information. In addition, the Commission has official liaisons with several other commissions, organizations or activities.

The City of Alexandria complies with the terms of the Americans with Disabilities Act (ADA). An individual with a disability who wishes to request a reasonable accommodation may contact the Division of Aging and Adult Services at 703.746.5999, email [DAAS@alexandriava.gov](mailto:DAAS@alexandriava.gov)

Visit the Division of Aging and Adult Services website for Commission on Aging agendas and minutes and other aging information: [www.Alexandriava.gov/aging](http://www.Alexandriava.gov/aging)

**The Alexandria Commission on Aging Racial Social Equity Committee**  
(as of June 01, 2021)

No one should be denied the opportunity to engage fully in our community.

We encourage people of different cultures, races, nationalities, immigration status, ages, abilities, sexual orientation, gender identities, and religious affiliation in Alexandria to be informed about and have access to the range of services available in the City, and to be engaged in civic life.

We are committed to representing a diverse community that represents the rich heritage of our city. We are committed to ensuring older persons have access: to affordable housing, transportation, health care, broadband, nutrition services and to opportunities for meaningful employment and related training.

Older adults and persons with serious medical conditions often experience various degrees of inequity, particularly in obtaining access to health care. It is essential to support older persons, family caregivers, and direct care workers since these residents face additional biases and hurdles.

