Walk-in Address: 4850 Mark Center Drive, 2nd Floor

### SDA Hours for Walk-ins and Phone Calls:

Monday through Friday 9:00 a.m. to 3:00 p.m.

Adult Intake Phone Line: 703.746.3535

**Email:** DCHSAdultIntake@alexandriava.gov





Department of Community and Human Services

## **Additional Resources:**

#### **Emergency Services 24/7:**

 If you or someone you know is experiencing a mental health emergency , call 703.746.3401 or 911.

## Military and Veteran Crisis Line 24/7:

• 1.800.273.8255, or TEXT the Veteran Crisis Line at 838255.

### 24-Hour Regional Crisis Call Center:

 703.527.4077 or text 'CONNECT' to 85511

#### Substance Use:

- If you or someone you know needs inpatient treatment to address substance use, call 703.746.3636
- Opioid Treatment:703.746.3610 Crisis Services for Individuals with Developmental Disabilities 24/7:
  - 855.897.8278

Adult Protective Services | 703.746.5778

Domestic Violence Hotline | 703.746.4911

Alexandria Police Department, nonemergency | 703.746.4444



**Community Services Board** 

## Same Day Access (SDA) & Central Intake

For Adult Mental Health, Substance Use & Developmental Disabilities Services



Department of Community and Human Services 4850 Mark Center Dr. Alexandria, VA 22311

## www.alexandriava.gov/dchs THERE IS HOPE.

# Services SDA Adult Intake may refer to include:

- Adult Out Patient Services (Co-Occurring)
- Psychiatry
- Opioid Treatment
- Substance Use Residential Treatment
- Case Management
- Intellectual/Developmental
  Disability Services
- Psychosocial Rehabilitation
- Transitioning Adults into Living Successfully (TRAILS)
  - » Young Adults Experiencing First Episode Psychosis
- Veterans Navigation
- Other Community Resources





# The following documents are required at the time of intake:

- Proof of City of Alexandria residency
- If you're a veteran, bring your DD Form 214.
- Proof of income; services are based on a sliding fee scale
- Proof of insurance if applicable

Proof of guardianship in cases where the designated primary client is not able to legally consent to treatment and a legal guardian has been appointed to make decisions on behalf of the client

# HELP IS WITHIN REACH.

- Priority is given to those who are most at risk, Medicaid-insured, or uninsured.
- Services are available to City of Alexandria Residents.
- Staff can answer calls in English, Spanish and other languages through interpretation services.

### Service for Members of the Military, Veterans, and their Families (SMVF)

The City of Alexandria and Arlington County Department of Community & Human Services have a shared program designed specifically to assist service members, veterans, and their families in connecting them with behavioral healthcare, developmental, and supportive services to reach their wellness goals.



For additional information on how to navigate military and veteran-related resources, contact: Nicol Jackson at Nicol.Jackson@alexandriava.gov 703.965.6279.